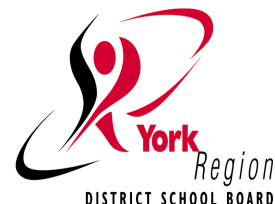


# November 2018

## The Info @ Michaëlle Jean P.S.



Website: <http://www.michaëllejean.ps.yrdsb.ca>

Email: [michaëlle.jean.ps@yrdsb.ca](mailto:michaëlle.jean.ps@yrdsb.ca)

**Principal: Nora Mazloumian**

**Michaëlle Jean P.S.**

**Superintendent: Michael Cohen**

320 Shirley Dr.

905-884-4477

**Admin. Support: Karen Gaston**

**Richmond Hill, Ontario L4S2P1**

**Trustee: Carol Chan**

**Karen Cizmar**

**Phone: 905-770-6507**

**Fax: 905-770-9336**

### Upcoming Dates

Nov. 8	Heritage School House (Mme Barr/Safar)
Nov. 9	Remembrance Day Assembly 10:40 a.m.
Nov. 13	Heritage School House (Mme Messeroux/Safar)
Nov. 13-16	Scientists in the School Gr. 2
Nov. 15	Heritage Schoolhouse (Mme Afonina/Darvish) Karate Kids Gr. 2-3
Nov. 16	Photo Retakes (Please note date change)
Nov. 20	Heritage Schoolhouse (Karchevskaya/Tajahmady)
Nov. 21	Heritage Schoolhouse (Griffiths/Darvish) Progress Reports go home
Nov. 22	Parent/Teacher Interviews in the evening
Nov. 23	P.A. Day— No school

### Message from your Administrator

Dear MJPS Families,

October was a very exciting month filled with many activities planned for everyone. Our students enjoyed an anti-bullying magic show presented by Brent and Sarah. This was in interactive presentation on character building and bullying awareness.

As you may be aware, we have started our snack program where students are provided with a healthy snack at morning recess. These include but are not limited to apples, baby carrots, cheese strings and/or grains such as granola bars or crackers. Students are encouraged to eat the snack that they have brought from home and can add to it by choosing a snack offered at school if they are still hungry.

We also hosted our first character assembly where we recognized the students from Mme Griffiths, Mme Collin, Mme Bawab and Mme Barr's classes. Our next character assembly will be held in December. Your child's teacher will notify you if their class will be recognized that month.

As we approach the halfway mark of the first term, we encourage students to continue to put forth a consistent effort and we look forward to seeing everyone during our Parent/Teacher interviews. More information regarding booking interviews will be sent home shortly.

Nora Mazloumian  
Principal

### Triple P Tip of the Month

~ NOVEMBER ~ Self-Esteem

Children form views of themselves as a person; their value as an individual and how good they are at doing certain things form as they grow up. It is important for parents to encourage children to be confident to develop healthy self-esteem. This means, children having a true sense of their strengths and weaknesses.

#### KEY STEPS:

Praise your child's efforts and achievements

Tell your child you care

Help your child make friends

Encourage your child to set goals, do things for themselves and assess their achievement

Encourage your child to express their ideas and make decisions

Help your child manage their feelings, think realistically and be optimistic

Teach your child to solve problems for themselves

**Don't forget to check out the new Triple P Ontario website for online resources and podcasts for parents of children from birth to teens. [www.triplepontario.ca](http://www.triplepontario.ca)**



### November Eco Theme:

### What's in/What's out

Students are encouraged to rethink their actions before they dispose of an item. That is, stop and consider the impact the disposal of every item will have on the environment and the world around us. It is important to be well-informed about what goes in the blue box for recycling and what goes in the garbage bin for landfill. Putting items in the blue box that shouldn't be there can ruin an entire batch of recyclable materials.



### School Assistants Needed for Lunch Supervision!!!

We are looking for individuals who are willing to work as SCHOOL ASSISTANTS, supervising the students indoors while they eat lunch and then outdoors while students are on the school yard. We require helpers who are available from **11:40-12:40** at Michaëlle Jean P.S. If you are interested, please call Mme Cizmar as soon as possible. Please note that these are paid positions and that you do not have to commit to working every day. If you can provide some time, even one hour a week, we would be pleased to have you join our team.

#### PLEASE REPORT TO THE OFFICE

The Board has a Visitor's Policy that requires ALL visitors to report to the office upon entering a school. Parents must also report to the office before meeting or their order to picking up children in sign them out. We request that parents not go directly to the classroom. Please meet your child/ren in the front foyer or at the main office.

**Visitors  
Welcome!!**

## Terrific Organization Tips

### Special Education Corner Cont'd.

Organization tips continued...

#### 5. Use Colour Coding

Colour coding helps children organize their resources. For example green folders, duo-tangs and notebooks are for Math. On a family calendar the same extra-curricular activity could be highlighted in the same colour. For example yellow highlighter for piano and orange highlighter for soccer.

#### 6. Create an Organized Workspace

Have a quiet space ready with pens, pencils, paper, a ruler, pencil crayons and scissors. This will prevent frustration and time wasted finding what they need.

#### 7. Do Regular Backpack Audits

Schedule a regular day of the week to empty out the backpack with your child. Friday is often a good day so any leftover food doesn't sit in the bottom of the backpack over the weekend. Going through the backpacks for worksheets, invitations or school newsletters is always helpful to avoid missed deadlines and disappointments.

#### 8. Teach your Child to Think Ahead

Before bedtime, briefly summarize the next day's events. This will decrease anxiety and prepare your child mentally for what lays ahead.

#### 9. Backpacks

Prepare these the night before, with your child, and place them by the front door to reduce rushing in the morning.

#### 10. Celebrate the Smallest Successes

When children master a new skill, even one as simple as emptying out their lunch bag without being asked, it's important to celebrate!

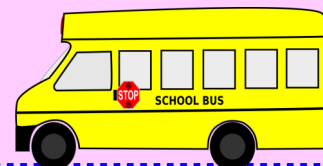
### BUS LOOP is restricted

#### DO NOT ENTER BUS LOOP OR THE PARKING LOT



Parents are reminded that the bus loop which winds in front of the school as well as the parking lot are restricted to BUSES between 7:45-8:05 a.m. and 2:20-2:40 p.m.

As well, we would like to stress the importance of ensuring everyone's **safety** by reminding all parents that you should not pass a bus when it is stopped in front of the school or trying to enter the bus loop. We thank you for your cooperation!



## Remembrance Day Assembly Nov. 9

*Please feel free to join us to pay tribute to those men and women around the world who fought and worked for the peace and freedom that we enjoy in Canada today. Our Remembrance Day Assembly begins at 10:40 am on Friday, November 9th. This is a solemn and serious assembly of remembrance.*



## Central Cares



Central Cares is a program whereby schools in the Central area of our Board are supporting each other by collecting and distributing gift cards, new clothes, new or gently used toys and other items. If you and your family are experiencing difficulty during the winter months and could use some support, please don't hesitate to reach out to Yvonne Kelly at 905-884-4477 at extension 345 or by email at [yvonne.kelly@yrdsb.ca](mailto:yvonne.kelly@yrdsb.ca).

## Safe Arrival Program

It is the policy of the York Region School Board to report on the safe arrival of our students. If you know that your child will be absent, please send a note with your child, indicate the absence on Edsby (please see steps below) or call the school at (905) 770-6507 and press 1 to leave a message. If we do not know why your child is absent, we will under policy #665 do the following:

1. Call the home and business numbers provided
2. Call the emergency numbers provided
3. If the above are unsuccessful, **we will call the York Region Police to report you child as missing.**



Your support in following the procedure above is important and greatly appreciated in ensuring the safe arrival of our students.



# FLU SEASON IS HERE

**Get the flu shot as early as possible**



The first and best step to preventing the flu (or influenza), is to **get the flu shot every year**.

The flu spreads quickly and easily from an infected person to others and anyone can get it. Getting the flu shot can protect you, your family and those around you.

Students may be at higher risk of getting the flu as they come together in close public spaces including the classroom, gymnasium, lunch room and library.

The flu shot is especially important for students who have a chronic condition (e.g. asthma, diabetes) or those who live with or have close contact with a pregnant woman, kids less than five years old, or a resident of a nursing home or other chronic care facility since these groups are at higher risk of getting very sick or being hospitalized because of the flu.

Flu shots are **free** and are readily available at:

Health care provider's offices for people six months of age and older

Participating pharmacies, for people five years of age and older

In addition to getting the flu shot annually, here are some other health tips that can help prevent the spread of the flu:

Wash your hands well and often with either soap and water or alcohol based hand rub

Cover your mouth and nose when you cough or sneeze (if you do not have a tissue, cough into your upper sleeve)

Avoid touching your eyes, nose and mouth

Stay home when you're sick

Clean and disinfect surfaces and shared items

It's important to get the flu shot as early as possible as it can take nearly **two weeks** for the influenza vaccine to take full effect.

To learn more about flu and flu vaccine, visit [york.ca/flu](http://york.ca/flu).

**PUBLIC HEALTH 1-**

**877-464-9675 TTY 1-**

**866-512-6228 [york.ca/flu](http://york.ca/flu)**



## *Progress Reports*

Progress reports will be sent home on **Wednesday, November 21st, 2018**. The progress report is designed to help you provide your child with some feedback about his/her performance thus far. It is important to note that the progress of your child (very well, well, with difficulty) does not correspond to a letter grade. It is feedback provided to parents to let you know if your child is on the right track towards achieving the curriculum expectations and goals set for the first term. Formative, descriptive feedback is the basis for continuous academic improvement. More importantly, **learning skills and work habits are the focus of the progress report**. Students will be identified as **Progressing Very Well, Progressing Well** or **Progressing with Difficulty** in their progress in all subject areas. Parent-teacher interviews are being held on the evening of Thursday, November 22nd, and during the morning of Friday, November 23rd. More detailed information will soon be sent home.

### *Parent-Teacher Interviews*

Parent-teacher interviews are opportunities for parents, their children and teachers to talk together about how to help each child succeed in school. Interviews and conferences are often scheduled on a tight timeline, so it's important to prepare beforehand to make the best use of that time.

#### *Prepare:*

Read your child's Progress Report. Make notes about your questions and concerns. Talk to your child about the report. What do you want to ask the teacher? Make a list.

#### *Ask Questions:*

Arrive on time. Bring your list of questions. The teacher will review your child's Progress Report or show you samples of your child's work. Tell the teacher what your child likes and dislikes about school. Parent-teacher interviews are strictly confidential. Share personal information that might be affecting your child's progress or behaviour at school (e.g., family illness, job search). This information will help the teacher better understand your child.

What does my child do well?

What skills does she or he still need to develop?

Is my child receiving extra help? In what subjects?

What is your homework policy? How much time should my child be spending on homework?

How does my child get along with the other students?

How can I help my child at home?

What is the best way to contact you if I have more questions?

Take notes so that you can share the comments with your child.

#### *Follow Up:*

Talk to your child. Celebrate the positive things that you have heard. Talk about how you and the teacher are going to help with the things that need to be improved. The more your child sees home and school working in partnership, the more effective this partnership will be!

# THE ALLIANCE OF EDUCATORS FOR BLACK STUDENTS



AEBS is united in our purpose to promote the achievement and well-being of Black students

## A Lasting impact

A Conference for Students (Grades K-12) and their Families/Supporters

The African proverb, “It takes a village to raise a child” speaks to the importance of forming partnerships within families and community to nurture the wellbeing and success of our children and youth. This conference aims to equip families and students for navigating the schooling experience, forge partnership with community and support the process of mapping the journey to success.

## Guest Speakers, Workshops & Discussions

Please come out to be inspired & informed!

[Register here](#) or submit one paper registration per person to a School Office to the attention of



[Charlotte Reid](#), Teacher Liaison, Inclusive School and Community Services. For more information contact: [pierrette.walker@yrdsb.ca](mailto:pierrette.walker@yrdsb.ca)

♦ All students attending the conference must be accompanied by an adult.\*

**REGISTER BY**  
**NOVEMBER 10, 2018**

Right click on the word REGISTER and choose “open hyperlink”.

OR fill out the application on the next page.

**Date:** Saturday, November 24th,  
2018

**Time:** 9:30am - 2:00pm

**Location:** Redstone Public School  
235 Redstone Road,  
Richmond Hill, L4S2E2  
(Leslie & Elgin Mills)



***PAPER COPY OF THE REGISTRATION FORM FOR SCHOOLS***  
***Please complete ONE registration form for EACH participant.***

*Return this form to your school secretary to be couriered to Charlotte Reid at YRDSB Inclusive Schools and Community Services by November 10, 2018.*

**Adults Conference Attendees:**

Name: \_\_\_\_\_ Email: \_\_\_\_\_

Phone: \_\_\_\_\_

Please complete the information for the student you will be bringing to the conference.

Please note that you will need to complete a registration for for each student and all students must be accompanied by an adult.

Name: \_\_\_\_\_ Grade: \_\_\_\_\_ School: \_\_\_\_\_

Name: \_\_\_\_\_ Grade: \_\_\_\_\_ School: \_\_\_\_\_

Name: \_\_\_\_\_ Grade: \_\_\_\_\_ School: \_\_\_\_\_

Please note any dietary restrictions: \_\_\_\_\_

**Student Conference Attendees:**

Name: \_\_\_\_\_ Email (Grades 9-12): \_\_\_\_\_

Choose the best responses

☐ Elementary Student (Grades K-3) ☐ Elementary Student (Grades 4-8) ☐ High School Students (Grade 9-12)

Please complete the information for the adult who will be accompanying adult (i.e family, member, guardian, YRDSB Staff, etc.) Please note that each participant will need to complete a registration.

Name: \_\_\_\_\_ Email: \_\_\_\_\_

Please note any dietary restrictions: \_\_\_\_\_





## ***Legalization of Cannabis: What We Know and What You Can Do***

### ***Fact Sheet***

### **From the Provincial Government\***

1. You must be 19 or older to use, possess, buy and cultivate marijuana in the province of Ontario, the same age as purchasing and using alcohol. If 19 or older, you will be able to have up to 30 grams of cannabis at any one time and you will be able to grow up to four marijuana plants in your residence. However, this is less than 1% of our students.
2. You will only be able to order marijuana from a government website beginning Oct. 17. It will be available from the Ontario Cannabis Store (OCS) which will launch its official website on Oct. 17. This store will be able to sell dried marijuana, oils and accessories. They are not regulated to sell edibles but this will be added at a later date. All storefronts selling cannabis are now and will still be illegal after Oct. 17, until private licences will be issued on Apr. 1, 2019. The province of Ontario is giving municipalities until Jan. 22, 2019 to choose to opt out of allowing private storefront sales in their municipality.
3. Drug-impaired driving is a concern now and moving into legalization. In response, Ontario is establishing even tougher drug-impaired driving laws, including a zero-tolerance approach for young, novice and commercial drivers. Zero tolerance rules prohibiting young (age 21 and under) and novice (G1, G2, M1, M2) drivers from having the presence of a drug in their system, as detected by a federally approved oral fluid screening device. The penalties for being impaired from marijuana use are no different than those you would face from being impaired from using any other drug or alcohol. You can face licence suspension, vehicle impoundment, financial penalties, a criminal record and jail time.
4. You will be able to smoke marijuana wherever you can currently smoke cigarettes, for example, in most public spaces. You will not be able to smoke marijuana wherever tobacco smoking or vaping is not permitted. \*Please note that these are the provincial regulations and by-laws could be different at a municipal level.
5. Medical cannabis has been legal since 2001. These policies and procedures will not change as a result of legalization.

### **From the Ministry of Education**

6. Under the proposed legislation, a student under the influence or in possession of cannabis on school grounds and during school-related activities would remain an activity for which suspension would be considered (except for cannabis used for medical purposes and outlined in the student's Health Care Plan). Suspension would be required and expulsion would be considered if a student shares cannabis with anyone under the age of 19 years old.

A. Suspension

i. Possessing alcohol or illegal drugs: “alcohol or illegal drugs” substituted with

“alcohol, illegal drugs or, unless the pupil is a medical cannabis user, cannabis”

ii. Being under the influence of alcohol: “alcohol” substituted with “alcohol or, unless the pupil is a medical cannabis user, cannabis”

B. Expulsion

i. Giving alcohol to a minor: “alcohol” substituted with “alcohol or cannabis”

## From our Police and School Boards Protocol

7. The Police and School Boards Protocol has not changed. For any quantity of cannabis, administrators are to contact police through the Non-Emergency Line to commence an investigation and have YRP collect the cannabis.

## Resources

8. The Ontario Ministry of Education, Canadian Centre for Substance Abuse and Health Canada have provided great resources to support staff, students and families’ understanding of cannabis and what legalization means, specifically:

[Cannabis Information for Educators](#)

[Cannabis Information for Students: Important Things to Know](#)

### **Cannabis Information for Families**

[Cannabis: What Parents/Guardians and Caregivers Need to Know](#)

[Cannabis Talk Kit: Know How to Talk With Your Teen](#)

9. The YRDSB also has resources to support cannabis education and other issues related to substance use, misuse and addictive behaviours for students, staff and school communities, including:

A. [Curriculum and Instructional Services Resources to Support Response to Legalization of Cannabis](#)

B. [Caring and Safe Schools Substance Misuse and Addictions - Awareness and Prevention Resources to Support Schools’ Comprehensive Plans](#)

This compiles all the Student, Staff and Family resources available through Caring and Safe Schools, Addictions Services of York Region, York Region Public Health, the York Regional Police and YouthSpeak.

10. If you have any questions, concerns or suggestions, please reach out to:

[Dawn Laliberte](#), Principal, Caring and Safe Schools

[John Shep](#), Consultant, Caring and Safe Schools

[Julie Anderson](#), Curriculum Consultant - Health & Physical Education, Healthy Schools & Workplaces, Well-Being

### **\*SOURCE:**

<https://www.yorkregion.com/news-story/8942549-10-things-you-must-know-in-york-region-before-pot-becomes-legal-oct-17/>

# Celebrating our Diversity

## November's Holidays and Observances

BAHA'I FAITH	BAHA'I FAITH
<p><b>November 9 -The birth of Bab.</b> The Bab was born Siyyis' Ali Muhammad in Shiraz in Southwestern Iran in 18119 C.E. His title, in Arabic, means " The Gate". Work and academic studies are suspended on this day.</p> <p><b>November 10 - The Birth of Baha'u'llah.</b> Baha'u'llah was born Mizra Husayn Ali into one of the leading noble families in Persia in 1817 C.E. His name is a title in Arabic meaning "The glory of God". He is the founder of the Baha'I Faith. Work and academic studies are suspended on this day.</p>	<p><b>November 26– The Day of the Covenant.</b> The eldest son and appointed successor of Baha'u'llah Abdu'l-Baha's referred to as the " Centre of the Covenant".The covenant was established by Baha'u'llah to safeguard the unity of the Baha'I community. It was Abdu'l-Baha's wish that the Covenant be celebrated rather than his own birthdate.</p> <p><b>November 28– Ascension of Abdu'l-Baha'.</b> After years of serving both his father and the growing community, Abdu'l-Baha' passed away in Haifa Israel in 1921 CE.</p>
CHRISTIANITY	HINDUISM
<p><b>November 1– All Saint's Day.</b> Is observed as a special day in many Christian churches.</p>	<p><b>November 6 – Diwali</b> means a row or garland of lights. Also known as the festival of lights, Diwali is probably the most widely celebrated Hindu festival. This festival may be celebrated over a five-day period. The diwas (clay pots filled with oil and wick) herald the star of the new year and symbolize the triumph of good over evil, of light over darkness. The third harvest, meaning "summer's end", when the ancestors are honoured. It is a magical interval when the mundane laws of time and space are temporarily suspended, and the thin veil between the worlds is lifted, symbolized by the Crone and her aged Consort.</p>
HINDUISM	ISLAM
<p><b>November 8-13 – Skanda Shashti Vratam</b> is a six-day fasting period. It commemorates the destruction of evil by Lord Murugan (Subramanya), who is the second son of Lord Siva and is celebrated with the dramatic enactment of Soora Samhaaram.</p>	<p><b>November 21– Mawlid-un-Nabi</b> celebrates the birth of the prophet Muhammad (pbuh)</p>

# Celebrating our Diversity

## November's Holidays and Observances

JANISM	SIKHISM
<p><b>November 7– Mahavira Nirvana.</b> The Jain year begins with Moksha (attainment of final enlightenment and release) by Lord Mahavira. It is popularly known as Deepavali, festival of lamps. Lamps symbolize the light of knowledge.</p> <p><b>November 12– Jnan Panchami–</b>, the day of knowledge, observed with Pooja (ritualistic offering) to pay homage to Saraswati Devi, the deity of knowledge and learning.</p>	<p><b>November 23– Birthday of Guru NanakDev Ji.</b> The founder of the Sikh faith was born in 1469 C.E.</p> <p><b>November 24– Martyrdom of Guru Tegh Bahadar Ji.</b> The Guru was executed in 1675 C.E. by a Mughal emperor. Sikhs believe that he gave his life to save the Hindu faith and religious liberty.</p>